

Online EMDR Group Consultation

Yoga, Embodiment, Somatics & the 8 Phases

Monthly - 3rd Friday 10a to 11a PT

Email: jcardozalmft@gmail.com

BEGINS 2/17/23

This is a monthly EMDR Consultation Grouip participants must have completed Basic Training..

Limited to 3 spots \$60 per group

Julie Cardoza, LMFT, RYT, ISTT, EMDRIA CIT specializes in neuro-informed EMDR, Embodiment and Somatic Regulation Strategies. She is in private practice working with C-PTSD, PTSD, Somatic and Anxiety Disorders

Individual Consultation also available

Consultants In Training can provide up to 15 hrs toward EMDRIA Certification